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### **Effectiveness MT, what do we know?**

The differences between Manual Therapy (MT) and Physical Therapy (PT) are not always clear. Questions like: Do PT's also mobilize joints in the shoulder girdle? Are high velocity thrust techniques restricted to MT's? Do MT's also apply hands-off treatment?; are not easy to answer and make clear that there's an overlap between MT and PT. There may also be a discrepancy between the self-confidence of MT's and the lack of external evidence. A sort of a classical conflict between authority based and evidence based PT. e effectiveness of their treatments in daily practice? An intriguing question. Recently three systematic reviews (1-3) are published in three relevant journals (one of them indeed a Cochrane review) and could lead to high evidence statements about the effectiveness of MT; based on the external evidence there's evidence that additional MT in a PT treatment plan is of little value. So the EBM column external evidence is rather clear at the moment. What the two other EBM columns (therapist competences & patient expectations and values)? Can those be an indication to motivate MT as (additional) treatment? And what about the (academic) attitude of MT's; does acceptance of this level 1 evidence decrease as well their profile as the effectiveness of their treatments in daily practice? An intriguing question.